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## CCEA Members, we are here to help!



If you are injured at work:

Step 1: Report it to your supervisor. Step 2: Document the injury completely. Step 3: Seek medical attention right away. Step 4: Contact Allyson to discuss your legal rights.

> Allyson Bloom, Esq. Phone #: 301-740-3308 Email: abloom@bsglaw.com

Frederick Office is located at 30 W. Patrick Street, Suite 105, Frederick,